

Herkimer College

Non-Credit Courses and Activities

Summer
2016

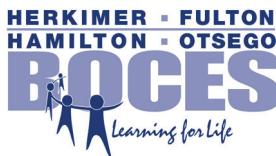


www.herkimer.edu/ce

315.574.4003



Herkimer
THE STATE UNIVERSITY OF NEW YORK





Reminder! Health & Wellness Drop-in Policy

We are happy to announce that our office will accept drop-in registrations for individual Health & Wellness classes. Please call our office for details.

Important Information

The Office of Community Education classes are self-supporting, therefore we count on registration fees to pay our instructors, supplies and equipment. Once a class has started we are unable to offer any refunds. Requests prior to the start of class can be made directly to the Office of Community Education by contacting: (315) 574-4003

Please note that we will charge \$25 for any returned check.

Herkimer College reserves the right to change any information within this catalog without notice.

Herkimer College does not advocate any particular point of view presented in the courses offered in this brochure.

Herkimer College requests that before you participate in any activity requiring physical exertion, that you consult with a physician.

How to Register

Online:

www.herkimer.edu/pay-ce

By Phone:

Call 315-574-4003

8:30am to 4:00pm weekdays

Register for any course using all major credit cards

By Mail:

Make checks payable to Herkimer College mail to:

Herkimer College Community Education
100 Reservoir Road
Herkimer, NY 13350

In Person:

Community Education Office
Robert McLaughlin College Center,
room 255

You are urged to register as soon as possible for any course you wish to take. A final decision whether to run or cancel a course is made one week in advance of the scheduled starting date. Payment is required at the time of registration.

Community Education Staff:

Linda Lamb

Associate Dean for Academic Affairs

Cindy Brewer

*Technical Assistant,
Facilities*

Jeremy Cingranelli

*Technical Assistant,
Program Development*

Contact Us:

(315) 574 - 4003

communityed@herkimer.edu

Herkimer College does not discriminate on the basis of race, color, gender, age, creed, religion, national origin, marital status, disability, or any other characteristic protected by federal or state law in admissions, employment, or in any aspect regarding the conduct of College business.

Health & Wellness

Gentle Yoga

Enjoy the healthful benefits of nurturing physical postures and stretches, restorative movements to help relieve stress, tight muscles and restrictive physical health.

A - Thursday: 4:30pm to 6pm

June 2, 9, 16, 23, 30; July 7

Fee: \$54

B - Thursday: 4:30pm to 6pm

July 21, 28; Aug. 4, 11, 18, 25

Fee: \$54

Yoga For All

This class offers introduction to pranayama (breath work), asanas (postures) and savasana (meditative relaxation).

A - Tuesday: 6:15pm to 7:45pm

June 7, 14, 21, 28; July 5, 12

Fee: \$54

B - Tuesday: 6:15pm to 7:45pm

July 26; Aug. 2, 9, 16, 23, 30

Fee: \$54

**For all Yoga classes, please bring a non-slip mat. Blanket and pillow are recommended.*

Interval Training

Burn fat and get firm with this easy to follow kickboxing and step aerobic interval workout. Basic step with punches and kicks, followed by toning for your arms, core and abs.

A - Monday: 6pm to 7pm

June 6, 13, 20, 27

Fee: \$30

B - Monday: 6pm to 7pm

July 11, 18, 25; Aug. 1, 8, 15

Fee: \$36

Chisel

Get strong results with this proven weight room-style exercise program. Incorporating the use of dumbbells, benches and mats for core-targeted exercise. This workout targets legs, arms, shoulders, gluts and abs!

A - Wednesday: 6pm to 7pm

June 1, 8, 15, 22, 29; July 6

Fee: \$36

B - Wednesday: 6pm to 7pm

July 20, 27; Aug. 3, 10, 17, 24

Fee: \$36

Pilates

These exercises strengthen and tone muscles and provide flexibility and balance for individuals of all ages, shapes and sizes.

A - Monday: 12:30pm to 1:15pm

June 6, 13, 20, 27

Fee: \$26

B - Wednesday: 12:30pm to 1:15pm

June 1, 8, 15, 22, 29

Fee: \$33

Aqua Fit

Jump right into our aqua classes and build cardiovascular fitness and strength. Just like swimming, our water aerobics classes are easy on your joints, yet challenging enough to help you reach new levels of fitness. Because of their low-impact format, water aerobics classes are suitable for every age and fitness level, from beginning exercisers through elite athletes. Please bring your own noodle.

Saturday: 9am to 9:45am

June 4, 11, 18, 25

Fee: \$29

30 Minute Step

This 30 minute mini step aerobic interval workout will give you the basics to strengthen and tone your arms and core!

A - Wednesday: 5:30pm to 6pm

June 1, 8, 15, 22, 29; July 6

Fee: \$18

B - Wednesday: 5:30pm to 6pm

July 20, 27; Aug. 3, 10, 17, 24

Fee: \$18



www.facebook.com/herkimer.ce

Youth Programs

Outdoor Fun

Students will enjoy a wide variety of outdoor games and activities. Campers will participate in ultimate frisbee, kickball, scavenger hunts, water activities, tag and more. Activities will be age appropriate and help to develop teamwork, problem solving and leadership in the outdoor environment. Campers will enhance their social development, self-esteem, build friendly relationships, cooperation and experience the thrill of discovery and have fun. Ages: 8 -13.

Monday - Thursday
9am to 12pm
June 27-30
Fee: \$72

Art Camp

Let your imagination run wild during this summer art class! Kids will create wonderful artwork through the use of oil pastels, watercolors, plaster, clay & wire! Both outside and indoor art projects will take place during this camp along with a mini art show at the end of the week!

Ages: 8-13
Monday - Thursday
12:30pm to 3:30pm
July 11-14
Fee: \$89

Weather Watchers

Are you interested in learning more about the weather in Central New York? If so, this camp is for you! Learn about different kinds of weather from lake effect snow to thunderstorms, hurricanes and tornadoes. WKTV Meteorologist Bill Kardas will show you how to track the weather at home and around the world. Ages: 9-13

Monday - Thursday
10am to 12:30pm
July 11-14
Fee: \$69

Robotics Mini-Camp (AFRL)

This camp is provided in partnership with the Air Force Research Laboratory of Rome, NY. Students will be introduced to programming mobile robots, various types of sensors, applying measurement & geometry to calculate robot navigation, experimental process, and experiment documentation using LEGO Mindstorm Robotic kits.

Ages: 10-13
This course is partially underwritten by AFRL.
Monday - Thursday
8am to 12pm
July 11-14
Fee: \$29

Calling All Fashionistas!

Students will learn about personal style, natural beauty, primary and secondary colors in fashion. And at the end of the week, the class will stroll the runway showing off their completed work. The projects will include techniques such as tie-dye, bedazzling, headbands, homemade purses and much more! Ages: 6-11

Monday - Thursday
9:00am to 12:00pm
July 18-21
Fee: \$85

SAT/ACT Preparation - Part 1

Both the ACT and the SAT contain verbal and math question types. SAT/ACT Preparation Part I will give you all the information you need to do well on the verbal questions of the ACT and the new SAT. The ACT verbal sections are called the Reading Test, the English Test, and the Science Test.

Online
New classes start each month
Fee: \$89

Registration

Select Camp(s)

- Outdoor Fun: \$72 (6/27 - 6/30)
 Art Camp: \$89 (7/11 - 7/14)
 Weather Watchers: \$69 (7/11 - 7/14)
 Robotics Mini-Camp: \$29 (7/11 - 7/14)
 Calling All Fashionistas: \$85 (7/18 - 7/21)

Please make all checks payable to: Herkimer College

Send Completed Registration Form and Payment to:

Herkimer College
Community Education
100 Reservoir Road
Herkimer, NY 13350

Camper/Parent Contact Information

Camper's Name: _____

Address: _____

City: _____ Zip: _____

Age: _____ Grade: _____

Parent's Names: _____

Home Phone: _____ Cell Phone: _____

Email Address: _____

Emergency Contact Information

Name: _____

Relation: _____

Home Phone: _____

Cell Phone: _____

Method of Payment: Check Visa MasterCard

Credit Card #: _____

Exp. Date: _____ CVV# (found on back of card, 3 digits) _____

Name as it appears on card: _____ \

Prior to participation to any non athletic camp, campers must have a signed Herkimer College camp permission form found on the next page

Herkimer College Camp Permission Form

I give my permission for _____ to take part in the _____ Camp at Herkimer College. This child, to the best of my knowledge, is in good physical condition and is capable of performing the necessary activities that this program may entail. I understand that this program and other activities including outdoor program have an inherent risk factor, and that all appropriate precautions will be taken for the safety of my child. I give my permission to the Herkimer County Community College staff and volunteers and/or hospital staff to administer proper medical assistance to the above named participant. I agree not to hold Herkimer County Community College or any of their agents responsible in the event of injury to my child.

Parent or Guardian (Please Print)

Signature

Date

Please list any known allergies or medical conditions that our staff should be aware of:

Herkimer College Photo Release Form

I hereby grant permission to Herkimer College and/or its assigns, clients, or agents, full permission to use, publish, and copyright, either in whole or in part, photographs or other images or likenesses of _____ (child's name) in the form of videotape, film or digital stills, or any other medium depicting participation in a Herkimer College activity, class, program or event. Such material may be used with or without the child's name in publications, television, billboards, online, social media and other media for promotion and advancement of the College. This permission is given without expectation of remuneration.

Parent or Guardian (Please Print)

Date

Parent or Guardian Signature

Accomplish Your Goals!

Looking to finish that college degree you started? Or maybe just take a few courses to broaden your skills? Consider studying online! Herkimer College's Internet Academy is a leader in providing outstanding online college courses and programs. Benefits of study online include:

Convenience. Many of our students have very busy lives with full-time jobs and family responsibilities. Commuting to campus for class can be difficult, if not impossible. Completing your studies online lets you complete your education around your schedule.

Savings. Herkimer College's tuition and fees are affordably priced.

Program variety. We offer more than 200 courses, 20 full degree programs, and three certificates entirely online so there are lots of choices when it comes to majors and programs.

Support services. Our online students have access to all of the great in-person support services our on-campus students are offered, like academic advising, tutoring, disabilities services, library services, and technical support.

Herkimer[™]

THE STATE UNIVERSITY OF NEW YORK

INTERNET
ACADEMY

Personal Interest

Chasing Shadows Part 2

Join the New York Shadow Chasers and learn how to investigate the paranormal. You'll learn up-to-date investigative technology, history, ethics and experience paranormal investigations. The class will participate in a paranormal investigation.

Friday

June 3, 10, 17, 24; July 8, 15, 22, 29

6pm to 8pm

Fee: \$89

Just Once Piano Workshop

In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. While regular piano teachers teach note reading, piano professionals use chords. You can learn all the chords you'll need to play any song in this one session. Any song. Any style. Any key. If you can find middle C and know the meaning of Every Good Boy Does Fine, you already know enough to enroll in this workshop. Total beginners can download a free pamphlet on reading the treble clef on our website justonceclasses.com. Fee includes a workbook and practice CD.

Saturday

9am to 12pm

August 6

Fee: \$59

Just Once Guitar Workshop

This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Please bring an acoustic guitar. Class is limited to 15 students from ages 13 and up. For more information go to our website: justonceclasses.com. Fee Includes a workbook and practice DVD.

Saturday

1pm to 3:30pm

August 6

Fee: \$59

Gastric Bypass: Better Health through Hypnosis

Lose weight and alter your lifestyle utilizing the powerful, non-invasive, yet overwhelmingly effective method of virtual Gastric Lap Band procedure. Attain the feeling of feeling full faster, making healthier food choices, and achieving your weight loss goals with no actual surgery and no risks, but all of the benefits.

Thursday

6pm to 8pm

June 16

Fee: \$19

Hypnosis for Smoking

Become a permanent non-smoker quicker and easier than you ever thought possible. You will do so with less withdrawal and cravings than you ever imagined. In addition to all of this, you will have less negativity and stress, and more self-esteem and self-confidence. No relying on willpower, which usually fails, no feelings of self-denial and frustration. Instead, you will feel a sense of accomplishment and self-respect.

Thursday

6pm to 8pm

June 9

Fee: \$19

Healing From the Inside Out With Mind Body Medicine

Learn to utilize your miraculous, inborn, self healing capabilities within your own mind and body. Discover self healing methods free from chemicals, that puts real healing back into your own hands. Through information, meditations, affirmations, imagery, breath work and enjoyable self hypnosis journeys you can put yourself back on the road to radical well being.

Monday

6pm to 7pm

June 13, 20, 27; July 11, 18, 25

Fee: \$49

Personal Interest

Miracles and Metaphysics

Discover a way of living that can bring more love, success, fulfillment, creativity and awareness into your life. Tap into the knowledge of your greatest human potential, including your physical, mental, emotional and spiritual health. This could be your journey into the greatest way of living each day of your life.

Thursday

6pm to 7pm

June 30; July 7, 14, 21, 28; Aug. 4

Fee: \$49

Your Magic Mind-Self Hypnosis for Guaranteed Success

You can discover the secret that Albert Einstein, Mozart, Winston Churchill & Tiger Woods used to unlock their genius'. The American Medical Association, the American Psychiatric Association, Medicare, along with hundreds of studies from Yale University, Stanford University and other top academic and health institutions, agree self-hypnosis works. Learn this simple skill and transform personal, relationship, health, money and other problems. Goals and dreams become reality faster than you ever imagined.

Tuesday

6pm to 7:30pm

Aug. 2, 9, 16, 23, 30

Fee: \$49

Change Your Mind, Change Your Life

Imagine your limitations transforming into limitless states of inner peace, joy, and love. A simple multi-step process that will allow you to drive your own bus and melt limitations away to discover your best self. Advance your career, improve your relationships, heal underlying emotional health and emotional difficulties. This course will show you how!

Thursday

6pm to 7:30pm

Aug. 18, 25; Sept. 1, 8

Fee: \$49

Victor Pellegrino Workshops

Protecting Assets from Medicaid

Thursday

6:30pm to 8pm

June 2, 9, 16, 23

Free

Use of Power of Attorney, Health Care Proxy and Living Will

Thursday

6:30pm to 8pm

July 14

Free

Applying for Community Medicaid to Remain in Your Home

Thursday

6:30pm to 8pm

July 21

Free

Use of Revocable and Irrevocable Trusts

Thursday

6:30pm to 8pm

July 28

Free

Protecting you IRs and Annuities

Thursday

6:30pm to 8pm

August 11

Free

Does your will protect you children and grandchildren?

Thursday

6:30pm to 8pm

August 18

Free

Medicaid Planning When You Don't Have Five Years Prior to Nursing Home Placement

Thursday

6:30pm to 8pm

August 25

Free

Professional Development

Introduction to QuickBooks

In this course you'll learn to manage the financial aspects of your small business quickly and efficiently using QuickBooks online. This powerful accounting software program has helped thousands of business owners just like you manage their finances.

Online

New classes start monthly

Fee: \$89

Introduction to Voiceovers

This fun and empowering 90 minute, one-on-one introductory workshop covers the different types of voiceovers and what tools are needed to find success. You'll be coached as you read a script, and be recorded so you can receive a professional voice evaluation later. You'll have the knowledge necessary to help you decide if this is something you'd like to pursue. Check out the video at <http://www.voicesforall.com/ooo> to get a better sense of how the class works. Taught by a professional voice actor from the Voice Acting Training Company, Voices For All.

Online

New classes start monthly

Fee: \$49

Fitness Center Hours

Monday - Friday	6:00 AM - 8:00 PM
Saturdays	10:00 AM - 6:00 PM
Sundays	12:00 PM - 8:00 PM

Memberships Fees

Monthly	\$30
6 Months	\$110
Annual	\$200

Closed on holidays and subject to abbreviated hours during the summer and College breaks

Herkimer County Residents 70 years old and older are eligible for the Herkimer College Millennium Card.

Contact us for details.

First Aid / CPR/ AED

The Adult First Aid/CPR/AED course incorporates the latest science and teaches students to recognize and care for a variety of first aid emergencies such as burns, cuts, scrapes, sudden illnesses, head, neck and back injuries, heat and cold emergencies and how to respond to breathing and cardiac emergencies for victims about 12 years and older. Successful students will receive a certificate for Adult First Aid/CPR/AED.

Saturday

9am to 4pm

Aug. 13

Fee: \$80

Using Social Media in Business

One of the biggest challenges for most business owners is to find a continuous supply of new customers. Over the past decade, some have differentiated themselves by leveraging the Internet and social media to do just that. Whether you consider yourself a social media novice or a seasoned veteran, this course will give you a solid foundation and thorough understanding of what social media is and how you can use it to grow your business.

Online

New classes start monthly

Fee: \$89

Creating WordPress Websites

WordPress.com is one of the world's most popular Web design tools. It's free and easy to use, and it produces professional results. In these lessons, you'll get hands-on experience with this powerful tool as you create your own WordPress.com site and blog. As you walk through the process from start to finish, you'll find out how to use WordPress to create pages and posts, add images and videos, change a site's look and feel, and include user-friendly features.

Online

New classes start monthly

Fee: \$89



Learn More

Hundreds of online courses with expert instructors!

All can be taken from the convenience of your home or office.

www.ed2go.com/herkimer

Technology

Creating Mobile Apps with HTML5

In this course, you'll learn how to imagine, design, build, and optimize a cross-platform mobile app using the very latest HTML5 standards.

Wireless Networking

You'll learn how wireless works, how wireless devices connect to networks, and how to build and connect to your own wireless network.

Computer Fundamentals

Introduction to PC Troubleshooting

Takes you step by step through the typical hardware and operating system problems encountered by technicians, teaching troubleshooting techniques to decipher any problem, and giving you the skills you need to solve them.

Medical/Healthcare

Medical Terminology: A Word Association Approach

Prepare for a career in the health services industry by learning medical terminology in a memorable and enjoyable fashion.

Intro to Natural Health and Healing

We'll discuss the various stages of health and illness, and you'll discover that true health means wholeness of the mind, body, and spirit.

Business & Career

Performing Payroll in QuickBooks

Master efficient techniques for creating paychecks, paying liabilities for taxes, and generating dazzling reports quickly and easily.

A to Z Grant Writing

Learn how to research and develop relationships with potential funding sources, organize grant writing campaigns and prepare proposals.

Market Your Business on the Internet

Find out how to market your business on the Internet, even if you have little or no money to spend! In this practical, hands-on course, you'll discover proven methods that will help you establish an Internet presence and build an online brand identity.

Fundamentals of Supervision and Management

Learn the people skills required to motivate and delegate, and learn tools for solving problems and resolving conflicts.

Web Programming

Introduction to SQL

Gain a solid working knowledge of the most powerful and widely used database programming language.



All Athletic Camps will offer Swimming, please bring a bathing suit and towel.

There is no lunch provided or available on campus for participants. For all-day summer camps, all participants must bring their lunch.

Boys and Girls Soccer Camp

Dates: July 11 - 15

Time: 9am-3pm

Ages: 6-15

Location: Wehrum Stadium

Cost: \$135 per camper

Softball All-Skills Camp

Dates: July 18 - 21

Time: 9am-3pm

Ages: 8-18

Location: Softball field

Cost: \$100 per camper

The soccer day camp will focus on the fundamentals of soccer as well as individual needs and teamwork. Campers will work closely with Coach Aragon and his staff of former players and coaches to learn technical and tactical soccer strategies while having fun. Campers will have the opportunity to learn foot skills, as well as play in small and large-sided games on the College's artificial turf field. Come join us for a great week of soccer, fun and friendships.

This camp will emphasize unique, innovative, and fun drills to build skills in every aspect of the game: hitting, base running, defense, pitching, catching, softball specific speed agility and strength training, mental game, team building, etc. Video analysis will also be incorporated so each player can see their skills in progress. At the end of camp, games will be played to have fun and display what each player has learned.

Contact: Pepe Aragon
(315) 868-7373
Pepe.Aragon@herkimer.edu

Contact: Peter Anadio
(518) 848-6693
Peter.Anadio@herkimer.edu

Boys and Girls All Sports Camp

Dates: July 18 - 21

Time: 8:30am - 1:00pm

Ages: 6-12

Location: Main Gym and Outdoors

Cost: \$80 per camper

\$ 140 for 2

\$ 200 for 3

\$ 260 for 4

This summer camp is designed for children with a true interest in a variety of sports and recreational activities. This multi-sport camp helps plant the seed for a healthy future and a lifetime of sports participation. Our daily camp schedule varies. Activities can include: basketball, soccer, tennis, volleyball, flag football, baseball/softball, swimming, badminton, kickball, dodge ball, ultimate Frisbee, and more!

Contact: Kyle Roepnack

(315) 534-3472

Kyle.Roepnack@herkimer.edu

Contact: Jason Palkovic

(315) 866-0300 ext. 8369

palkovijm@herkimer.edu

Boys Basketball Camp

Dates: July 25 - 28 (Session A)

Time: 9am - 3pm

Ages: 7-11

Dates: August 1- August 4 (Session B)

Time: 9am - 3pm

Ages: 12-16

Location: Main Gym

Cost: \$110 per camper (group and team rates are available upon request).

Boy's basketball camp will help strengthen the campers basic basketball fundamentals. A variety of drills that concentrate on passing, shooting and ball handling will be used to improve individual and team skills. Game situations will be implemented throughout the week, along with several contests for the campers to practice their newly developed skills on the court. Each camper will receive a ball and a camp shirt.

Contact: Matt Lee

(315) 866-0300 ext. 8344

Matt.Lee@herkimer.edu

Boys Baseball Camp

Dates: June 27 - 30

Time: 9am - 3pm

Ages: 6-13

Location: Baseball Field

Cost: \$99 per camper

\$150 for 2

Boys baseball camp will focus on the fundamentals of baseball, as well as individual needs and teamwork. Campers will work closely with Coach Rathbun and his staff of former players and coaches to learn the proper way to play baseball. It will focus on teaching the fundamentals of hitting, bunting, fielding and throwing along with base running techniques which will help improve all aspects of play. The morning portion of camp is dedicated to teaching the proper techniques through drills and demonstration. The afternoon portion of the camp is dedicated to putting these learned techniques to use in a simulated game.

Contact: Jason Rathbun

(315) 866-0300 ext. 2228

Jason.Rathbun@herkimer.edu

Girls Basketball Camp

Dates: August 8 - 11

Time: 9am - 3pm

Ages: 7-16

Location: Main Gym

Cost: \$100 per camper

This camp will provide girls the opportunity to improve their total game by emphasizing basic fundamentals, fun and innovative collegiate level drills, situational play and game play. Points of emphasis will be put on ball handling, individual/team defense, shooting, rebounding, speed/agility and basketball IQ. T-Shirts will be provided .

Contact: Peter Anadio

(518) 848-6693

Peter.Anadio@herkimer.edu

Herkimer College Athletic Camp Participation Release

I, _____, give permission for my child, _____, DOB ____/____/____, to participate in the athletic program held at Herkimer College. I understand that participation in the athletic summer camp program and other activities associated with an athletic camp have an inherent risk factor, and that all appropriate precautions will be taken for the safety of my child. Nevertheless, I agree not to hold Herkimer County Community College, Herkimer County Community College Faculty Student Association, or any of their employees, agents, or affiliates (hereinafter "Herkimer College") responsible in the event of injury to my child. I do hereby release Herkimer College from any and all liability arising out of participation in the associated athletic activity.

I certify that my child is physically able to participate in the athletic camp activities and that I know of no restrictions, physical impairments, or any other facts, which in any manner may limit his/her participation in such activities. However, I understand the risk of injury to my child from the activities involved during camp is significant, including the potential for permanent disability or death. While the particular camp rules, equipment, and personal discipline may reduce it, the risk of serious injury continues to exist through camp activities such as, but not limited to, contact with other campers while playing a game, contact with the floor, wall, goal posts, or equipment which are part of the playing area, and strenuous exertions, quick movements, and changes of speed which place stress on the cardiovascular, muscular, and skeletal systems. I/we (Parent/Guardian and camp participant) knowingly and freely assume all such risks, known and unknown, and I/we assume full responsibility and liability for participation in camp by my child. In case of injury, I give permission to the Herkimer College staff and volunteers and/or hospital staff to administer proper medical assistance to the abovenamed participant. I agree not to hold Herkimer College responsible in the event of injury to my child and I hereby release Herkimer College from any and all liability arising out of participation in the associated athletic activity.

Additionally, I will be financially responsible for any medical attention needed during the camp or resulting from an injury received at the camp. I certify that I have adequate health and medical insurance coverage for my child covering any and all activities related to the camp. My medical insurance shall be the insurance coverage for any medical treatment. I also understand and agree that Herkimer College or any of its agents or affiliates shall not assume, or be responsible or liable for expense, medical treatment, or compensation for any injury my child may suffer during camp participation or related activities.

I hereby grant permission to Herkimer College and/or its assigns, clients, or agents, full permission to use, publish, and copyright, either in whole or in part, photographs or other images or likenesses of my child in the form of videotape, film or digital stills, or any other medium depicting participation in a Herkimer College athletic activity. Such material may be used with or without the child's name in publications, television, billboards, online, social media and other media for promotion and advancement of the College. This permission is given without expectation of remuneration.

Parent or Guardian (Please Print) or Participant 18 years or older

Signature _____

Date _____

Select Camp(s)

- All Sports Camp: \$80/\$140/\$200/\$260 (7/18 - 7/21)
- Boys Baseball Camp: \$99 /\$150 (6/27 - 6/30)
- Boys Basketball Camp: \$110 (7/25 - 7/28)
- Boys Basketball Camp: \$110 (8/1 - 8 /4)
- Boys and Girls Soccer Camp: \$135 (7/11 - 7/15)
- Girls Basketball Camp: \$100 (8/8- 8 /11)
- Softball All-Skills Camp: \$100 (7/18 - 7/21)

Please make all checks payable to: Herkimer College-FSA

Send Completed Registration Form and Payment to:

Herkimer College
Rich Dawkins, Assistant Director of Athletics
100 Reservoir Road
Herkimer, NY 13350

Camper/Parent Contact Information

Camper's Name: _____

Address: _____

City: _____ Zip: _____

Age: _____ Grade: _____ Boy or Girl: _____

T-Shirt Size*: Youth sizes - S M L XL (*ONLY for camps that offer t-shirts)

Adult sizes - S M L XL

Parent's Names: _____

Home Phone: _____ Cell Phone: _____

Email Address: _____

Please list any allergies or medical issues we should know about:

Emergency Contact Information

Name: _____

Relation: _____

Home Phone: _____

Cell Phone: _____

Method of Payment: Check Visa MasterCard

Credit Card #: _____

Exp. Date: _____ CVV# (found on back of card, 3 digits) _____

Name as it appears on card: _____

Prior to participation to any athletic camp, campers must have a signed Herkimer College Athletic camp permission form found on the previous page

Herkimer College
Community Education
100 Reservoir Road
Herkimer, NY 13350

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ELECTRONIC SERVICE REQUESTED