### **Herkimer Generals** Athletic Department, 2023–2024

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#### **Coaches:**

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Men's Basketball: Matt Lee 315.866.0300 x8344 mbball@herkimer.edu Matt.Lee@herkimer.edu

Men's Lacrosse: Bob Leary 315.866.0300 x8258 mlax@herkimer.edu Robert.Leary@herkimer.edu

Men's Soccer: Pepe Aragon 315.866.0300 x8388 msoccer@herkimer.edu Pepe.Aragon@herkimer.edu

Men's & Women's Bowling: **Anthony DeLuca** 315.866.0300 x8255 bowling@herkimer.edu Anthony.DeLuca@herkimer.edu

Men's & Women's Cross Country: John Campagna 315.866.0300 x8398 xcountry@herkimer.edu John.Campagna@herkimer.edu

Men's & Women's Esports: Josh Lanza 315.866.0300 x8549 esports@herkimer.edu

Joshua.Lanza@herkimer.edu

Herkimer College is a Division III member of the National Junior College Athletic Association.



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Women's Softball: Louis Friend 315.264.3658 softball@herkimer.edu Louis.Friend@herkimer.edu

Women's Volleyball: Roger Maxam 315.520.9341 wvolleyball@herkimer.edu Roger.Maxam@herkimer.edu

Women's Basketball: **Matthew Hazzard** 315.866.0300 x8344 wbball@herkimer.edu Matthew.Hazzard@herkimer.edu

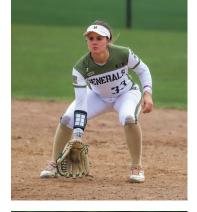
Women's Soccer: Damon Neish 315.866.0300 x8369 wsoccer@herkimer.edu Damon.Neish@herkimer.edu

**Women's Tennis: Matt Lee** 315.866.0300 x8344 wtennis@herkimer.edu Matt.Lee@herkimer.edu





















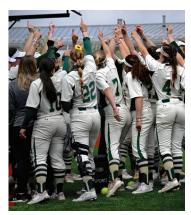












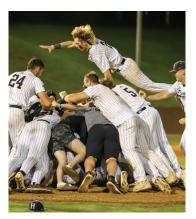


# Herkimer Generals alumni have continued their academic and athletic careers at four-year colleges and universities throughout the country, including:

Johns Hopkins, Ohio State, Cornell, South Carolina, UMass, Penn State, Syracuse, Virginia, SUNY Albany, Bowling Green, Coastal Carolina, University of Tampa, Clarkson, SUNY Binghamton, SUNY Geneseo, Boston, West Virginia, Lynn, Marist, Connecticut,

St. John's, Temple, Clarkson, Hofstra, SUNY Cortland, RIT, and many more.

Herkimer's many transfer agreements allow for a smooth transition to many public and private colleges.



"My coach [Pepe Aragon] always stressed that being an elite athlete involves succeeding both in soccer and in the classroom. He was right. My experience at Herkimer helped me move on to a Division I program which resulted into an eventual first round draft pick by the Portland Timbers in the 2016 Major League Soccer Super Draft after I helped lead Syracuse to their first ever NCAA Final Four appearance."

Ben Polk '15, NSCAA All-American, NJCAA All-American, Region III Male Athlete of the Year, Region III Male Player of the Year, Mountain Valley Conference Player of the Year, and SUNY Chancellor's Scholar Athlete

"To be the best, you have to surround yourself with the best, and we truly have that at Herkimer with our coaches, student-athletes, professors, administration, and staff. It is a total institutional effort."

Donald Dutcher '90, Dean of Students/Director of Athletics







65
National Championships

132

Region III Championships

176

Mountain Valley
Collegiate Conference Championships

31

**National Academic Team of the Year Awards** 

## 4-time winner of the Daktronics Cup

awarded by the NATYCAA to junior college athletic program with the most success in post-season play.

www.herkimergenerals.com





### **Men's Sports**

Baseball
Basketball
(Varsity & JV)
Bowling
Cross Country
Esports
Golf
Lacrosse
Soccer
Swimming & Diving
Track & Field



### **Women's Sports**

Basketball
Bowling
Cross Country
Esports
Golf
Soccer
Softball
Swimming & Diving
Tennis
Track & Field
Volleyball





